Provincial Advisory Committee of Older Persons

Report to Saskatchewan's Minister of Health 2006-07

January 2008

ANNUAL REPORT: 2006-07

SASKATCHEWAN PROVINCIAL ADVISORY COMMITTEE OF OLDER PERSONS

REPORT TO THE MINISTER

Table of Contents

Letter from the Chair ii

Introduction 1

Creating Linkages 1

Activities in 2006-07 2

Priority Issues for 2007-08 (Workplan) 3

Appendix A – Committee Membership for 2006-07 4

Appendix B – Summary of Expenditures 8

LETTER FROM THE CHAIR

January 2008

The Honourable Don McMorris
Minister of Health
Legislative Building
REGINA SK S4S 0B3

Dear Minister McMorris:

The Provincial Advisory Committee of Older Persons is pleased to present the 2006-07 annual report.

The Provincial Advisory Committee of Older Persons was established in 2000, with a mandate to make recommendations and advise the Minister of Health on important seniors issues. This is aided by the committee's diverse group of committed members, each bringing strength to our purpose.

Mr. Minister, it has been an excellent experience working with everyone on the committee. Thank you for the opportunity to engage in this important work and for your support of this committee.

Yours truly,

Lois Borden
Chairperson
Provincial Advisory Committee of Older Persons

INTRODUCTION

This is the fifth annual report of the Provincial Advisory Committee of Older Persons since its beginning in 2000. The following report describes the activities and composition of the committee from April 1, 2006 to March 31, 2007.

CREATING LINKAGES

The Provincial Advisory Committee of Older Persons continues to be committed to examining issues related to older persons in Saskatchewan. During the 2006-07 fiscal year, the committee had the opportunity to create linkages and share information as listed below.

Housing Services in Saskatchewan

Mr. Ian White, Manager, Tenant Services, made an informative presentation on programs and services that the Saskatchewan Housing Corporation provides to seniors. In addition, Mr. White provided information on how the Saskatchewan Housing Corporation is addressing recommendations the Provincial Advisory Committee of Older Persons put forward in the *Provincial Policy Framework and Action Plan for Older Persons*.

Saskatchewan Seniors Mechanism

Ms Beverly MacLeod, Executive Director, provided a presentation on the background and work of the Saskatchewan Seniors Mechanism.

Senior Citizens' Ambulance Assistance Plan

Mr. Jason Liggett from the Acute and Emergency Services Branch at Saskatchewan Health provided a presentation and information on the Senior Citizens' Ambulance Assistance Plan.

Health and Learning Knowledge Centre

Ms Kerrie Strathy, Division Head, Seniors' Education Centre, University of Regina, made a presentation on the Health and Learning Knowledge Centre.

Informational Tours

In conjunction with regular meetings of the Provincial Advisory Committee of Older Persons, members toured the Parkridge Centre in Saskatoon and the Buffalo Narrows Health Centre.

ACTIVITIES IN 2006-07

Throughout 2006-07, the Provincial Advisory Committee of Older Persons undertook work on a number of important issues related to older persons in Saskatchewan.

Review of Previous Recommendations

In May 2006, the Provincial Advisory Committee of Older Persons initiated a comprehensive review of previous recommendations and documentation. The review spanned the fiscal year and included reviewing each priority area identified, and all recommendations, in the *Provincial Policy Framework and Action Plan for Older Persons*, which was released by the Committee in May 2003. The review included inviting individuals from other government departments and organizations for updates on progress made relevant to the specific recommendations.

At the end of this process the Committee put forward five recommendations to the Minister Responsible for Seniors to further enhance programs and services for Saskatchewan seniors.

Seniors' Week 2006

As recommended in the *Provincial Policy Framework and Action Plan for Older Persons*, the Committee continued to follow through with the commitment to recognizing contributions of older persons. A revised poster, pamphlet, and letterhead were distributed regarding Seniors' Week.

PRIORITY ISSUES FOR 2007-08 (WORKPLAN)

Throughout 2006-07, the Provincial Advisory Committee of Older Persons deliberated on a number of important issues related to older persons in Saskatchewan. While many of these activities were identified as priorities in last year's annual report, others emerged as the Committee performed its role.

Review Outstanding Seniors' Issues and Concerns / Workplan

The Committee made a commitment in 2006-07 to continue to review outstanding priority issues and concerns for Saskatchewan seniors. Included in this is the continued development of the Committee's two-year workplan. While some of this work is a continuation from 2006-07, the Committee felt it should be ongoing as seniors' issues and concerns continually change.

Continue to Review Committee Documentation

The Committee made a commitment to continue to review previous documentation, such as the Vision Statement, Guiding Principles and Goals.

Geriatric Service Delivery in Saskatchewan

The Committee identified the desire to examine geriatric service delivery in Saskatchewan. To that end, the Committee plans on incorporating a tour of the Geriatric Assessment Unit at Saskatoon City Hospital into one of their future meetings.

Active Living Programs in Saskatchewan

The Committee identified the need to create a list of active living programs. While the Committee acknowledges that the list may not be comprehensive it will hopefully provide a better understanding of what active living programs are available to older adults. Further information is typically available through local seniors' centres, clubs and organizations.

APPENDIX A
COMMITTEE MEMBERSHIP FOR 2006-07

Lois Borden

Ms Borden is a retired civil servant with a special interest in seniors issues. She served in senior management positions in Saskatchewan Health and Alberta Health, and directed the development of home care programs in both provinces before providing leadership to department staff responsible for supporting the development of district health services.

Before working for government, Ms Borden was the assistant director of the Senior Citizens' Provincial Council in Saskatchewan. During that time, she worked with leaders of two provincial seniors organizations to achieve their amalgamation, and chaired the founding conference of the Saskatchewan Seniors Association Inc.

Alvin Gallinger (Vice-Chairperson)

Alvin Gallinger was born at Central Butte, Saskatchewan and raised on the family farm at Mawer. Later the family moved to the Rosetown District and he completed his schooling at Kindersley.

Following graduation from the University of Saskatchewan as a Civil Engineer, he began his working career with the Department of Highways, then with Municipal Road Assistance Authority and Saskatchewan Wheat Pool. In 1990 he became the CEO of New Careers Corporation and in 1993 the CEO of Pipestone Health District until retirement in 1999.

Mr. Gallinger has remained active in the community as Past President of the Royal Canadian Legion, Director of the Grenfell Coop and Pipestone Feeders Inc. as well as a Councillor for the Town of Grenfell.

Harry Giles

Mr. Giles is actively involved with many organizations, such as the Royal Canadian Legion (Nutana Branch), Seniors' Coordinator with the North Park/Richmond Heights Community Association, Boomtown Volunteers Association with the Western Development Museum, and an Executive Member of the University of Saskatchewan and Federated Colleges Non-Academic Pension Plan.

Harry Giles (con't)

Mr. Giles has also been involved with other organizations such as the National Pensioners and Seniors Federation of Canada and was on the Board of Directors at St. Mary's Credit Union.

Michael Gilmore

Mr. Gilmore is a stone mason and former instructor at the Saskatchewan Institute of Applied Science and Technology. He is actively involved with the Seniors' Education Centre at the University of Regina. He holds a Master of Education with a thesis on retirement issues faced by Saskatchewan seniors.

Mr. Gilmore is a member of the Saskatchewan Gerontology Association and the Canadian Association of Pre-Retirement Planners. He has participated in provincial and national conferences organized by these groups and as a consequence has become aware of a wide range of issues of concern to seniors through Saskatchewan and Canada.

Ethel Harmel

Ms Harmel is a retired nurse who spent part of her career as a general duty nurse and then moved into management with the Twin Rivers Health District as the Health Services Supervisor and Director of Health Services.

Ms Hamel is involved in many community organizations and activities in Maidstone. She is currently on the Steering Committee for the construction of the Long-Term Care facility.

Denis Jean

Mr. Jean has been involved with the Fédération des Aînés Fransaskois and has considerable experience and knowledge on issues related to francophone seniors. Mr. Jean is a retired farmer and hardware manager from the Debden area. He is currently the vice-president of the local seniors club.

William Klassen

Dr. Klassen is a retired physician with a special interest in gerontology and geriatrics. He is involved with the Seniors' University Group Inc. at the Seniors' Education Centre in Regina, the Saskatchewan Gerontology Association and the Health and Aging Department at the University of Regina.

During his professional career, he practiced 23 years as a family physician. After further training in geriatrics, he assumed a clinical teaching position in the College of Medicine's family medicine internship program at the Plains Health Centre in Regina. In addition to his practice and teaching duties, he was involved in the founding of the Saskatchewan Alzheimer and Related Dementia Society, the further development of the long-term care and active rehabilitation programs at Wascana Hospital, the Provincial Committee on the Safe Use of Drugs, the Provincial Geriatric Services Review Committee (1980), the Geriatrics Committee of the College of Family Practice of Canada, and the Santa Maria board of managers.

Rita Ledingham

Rita Ledingham is a retired registered nurse, who spent most of her career teaching in the nursing and home care/ special care aide programs at the Saskatoon campus of Saskatchewan Institute of Applied Science and Technology.

Her most recent responsibilities include chair of the discipline committee, Saskatchewan Registered Nurses Association; member of the citizens advisory committee of the Saskatoon Board of Education; publication chair of the Saskatoon Council on Aging; and member of the Saskatchewan Seniors Mechanism.

Margaret Lissel

Ms Lissel is a retired senior administrator with the Nursing Program at the Saskatchewan Institute of Applied Science and Technology. During most of her career she was responsible for curriculum development and program evaluation in a variety of programs, including The Diploma Nursing program, the Bridging Program for licensed practical nurses, the Update Program to re-register Registered Nurses and the Indian Nursing Program. In addition, she was involved with the framework and course development of the Nursing Program of Saskatchewan, which is the only program in the province that prepares Registered Nurses.

Charlene Logan

Mrs. Logan is a board member of the Mamawetan Churchill River Regional Health Authority. She also serves as the health region representative on the Creighton/Denare Beach/Flin Flon Community Advisory Network and the North Saskatchewan Laundry and Support Services of Prince Albert. At the same time, she serves on the Nor-Man Regional Health Authority's Flin Flon District Health Council.

Maria Reardon (Chairperson)

Mrs. Reardon is the retired vice-president of the Canadian College of Health Service Executives. She is currently an education consultant with the Canadian Healthcare Association and supervises nine correspondence students in the Long Term Care Senior Management Course.

Mrs. Reardon is the past president of the Board of the Seniors' University Group, University of Regina, and currently serves on the Research and Publicity Committees. She is a member of the Canadian Federation of University Women and the Regina Symphony Women's Association. She is an associate member of the Royal United Services Institute. In 2004-05 she was involved in the promotion of the Canadian Health Network through the auspices of CATALIST, a seniors learning organization.

David Seright

Mr. Seright is a long-time Métis resident of northern Saskatchewan. He was a businessman in Buffalo Narrows, having owned and operated the Serights Service Inc. for more than 14 years. Prior to that, he held positions throughout government and private industry. He is currently the manager of J. Waite Fisheries Inc.

Mr. Seright is the Chairperson of the Keewatin Yatthé Regional Health Authority Board.

Alf Zimmerman

Mr. Zimmerman is a retired civil servant who has worked in a variety of departments, including the Departments of Finance, Social Services, and Education. He served in senior management positions in the areas of income security, research and planning, continuing care, and community grants and standards. In addition, Mr. Zimmerman was the Director of Operations with the Touchwood File Hills Qu'Appelle Tribal Council.

Mr. Zimmerman is also actively involved with the Saskatchewan Retirees Association. In addition to this, Mr. Zimmerman is the mayor of Fort San.

APPENDIX B
SUMMARY OF EXPENDITURES

Provincial Advisory Committee of Older Persons	Honorarium	Other Costs (e.g. travel/ sustenance/ meetings	Total
2000-01	$3,875	$5,968	**$9,843**
2001-02	3,875	7,937	**11,812**
2002-03	4,189	9,913	**14,102**
2003-04	4,800	10,698	**15,498**
2004-05	3,430	7,184	**10,614**
2005-06	4.763	11,809	**16,572**
2006-07	3,435	8,442	**11,877**